



## **Martin Wheeler Systema Seminar**

### Spontaneous Striking Techniques For Any Attack

An expert in Systema, Kenpo, Boxing, Grappling and Weapons Fighting, Martin Wheeler uses his street experience to present two days of blended striking techniques for the street. Take your striking to the next level with the trainer for the Navy SEALs, D.E.A., and S.W.A.T. Good for any style of martial artist to expand your ability, and thinking.

Seminar Dates:  
October 28th - 12pm - 4pm  
October 29th - 10am - 2pm

Location:  
Desert Dragons Kenpo Karate  
9836 W Yearling Rd  
Building F, Suite 1360  
Peoria, Arizona 85383  
623.670.7979  
admin@desertdragonsaz.com

Registration:  
Early bird: April - September :: \$130 per day, \$250 for both  
Late: October :: \$135 per day, \$270 for both  
Register at: <https://desertdragonsaz.com/martin-wheeler-seminar>

### **About Systema**

Systema is an ancient Russian martial art adapted for use in modern warfare by the Russian Special Operations and the Soviet spy network. Needing the fastest and most effective training regime for their elite fighters and undercover operatives, the Soviets experimented with many combat arts, only to rediscover the most deadly and sophisticated among their own traditional Slavic hill-fighting roots.

Until recently, Systema was hidden by the highest levels of the Soviet classification, only to be opened up to the West by Russian Masters Vladimir Vasiliev and Mikhail Ryabko.

Subtle, brutal and uncompromising, it covers all aspects of combat training from hand-to-hand to the use of weapons in any and all combat environments. With no forms or kata to memorize, no techniques, no belts, no predetermined attitudes to conform to, just natural movement that can be practiced for a lifetime. Resulting in the development of a deep understanding of human nature, Systema is truly a unique and boundless art.